



Public Speaking: Voice Projection

Charm School

Emily Zhang

Voices in your head

- Head voice
 - Small
 - Nasally
 - e.g. Carnatic music
- Chest voice
 - Powerful
 - e.g. Opera Music
- Louder sounds = more air

Try using your lungs

- Stand up
- Take a deep breath and feel stomach expand
- Expel air from the bottom up saying “HOWW”
 - Think of a toothpaste tube
- Exchange air only using mouth

Opening your mouth

- The wider you open your mouth, the more room sound has to resonate in your oral cavity
- You'll find that sounds made the front of the mouth are smaller than sounds made from the back of the mouth
 - e.g. “the” vs. “cop”

Try using your mouth

- Try saying “The tiny potatoes eat red tomatoes.” keeping the sound at the front of your mouth and not opening wide
- Repeat, but open your mouth wider and wider
- Push the origin of sound farther and farther back in your mouth
 - Might notice voice getting lower

Exercises for projection

- Bbbbbbbbb
- A, E, I, O, U
- Ah, eh, ih, oh, uh
- Sighing
- Listening for echoes in a room